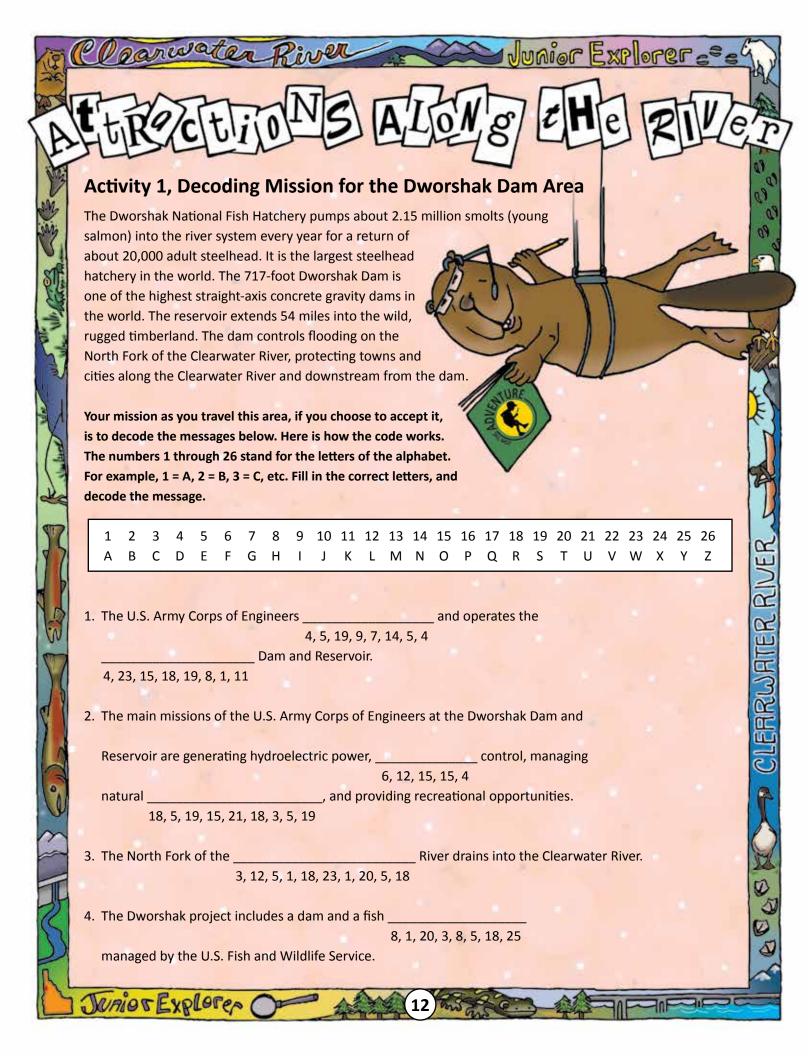
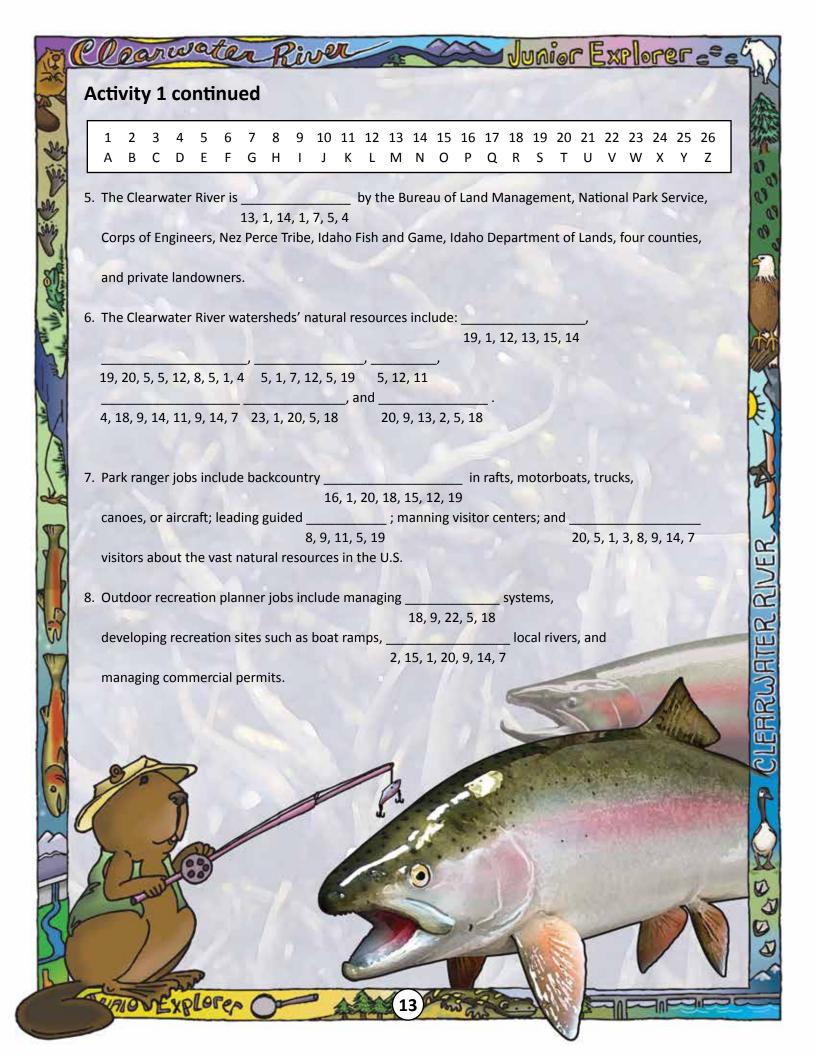


4. You can reach someone in trouble in the water wit	:h a
a. popsicle, snowball, or ice cream cone	
b. wet noodle, soda can, or kitchen sink	
c. pole, branch, or paddle	
d. anchor, chain, or boulder	
5. If you can't swim, it's wise to	
a. take swimming lessons	
b. just wade	
c. use a rubber raft to keep you afloat	
6. When floating the river with an inner tube, you sh	ould wear a
a. hat	
b. shirt	
c. life jacket	
d. watch	
7. Swimming in open water, such as a lake or river, is	more tiring and harder than swimming in a pool.
a. true	
b. false	
8. What can be dangerous in the river?	
a. water current	
b. water temperature	
c. other boats	
d. all of the above	
9. When going on a boating trip, tell someone you	
know where you are going and when you plan	
to be back. And while you're being safe, don't	
forget to	
a. take a nap	
b. have fun	
c. be bored	
d. do jumping jacks	
	Leave No Trace
	Be Kind to Other Visitors
	Others are here to enjoy the
	outdoors too. Make sure the fun you
	have does not bother anyone else.
	Listen to nature.
V.	Avoid making loud noises or yelling.
	You will see more animals if you
leave no trac	are quiet.
JUNIOT EXPLORED OF	





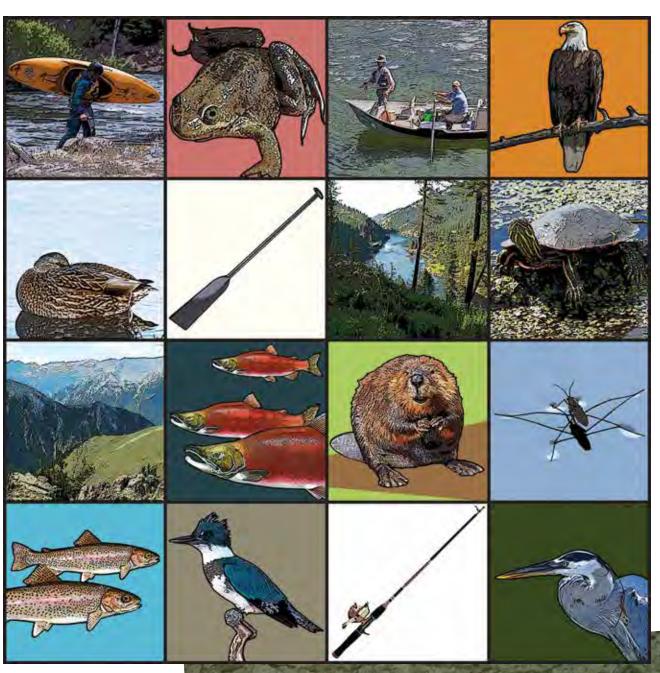
Junior Explores O

Activity 3, Lewis and Clark National Historic Trail Bingo

The Lewis and Clark Expedition, from Illinois to the Pacific Ocean and back, was the first American expedition across the largely unexplored West. Today, visitors can follow the expedition's path on the Lewis and Clark National Historic Trail. Parts of the trail follow close to the Clearwater River, and a lot of wildlife and plants live here. If you hike any of the trail or while spending time near any part of the river, cross off the items on the bingo board as you see them. When you complete a row (horizontal, vertical, or diagonal), say "Bingo!"

03

CLEARWATER RIVER





Leave No Trace Leave What You Find

 Leave an area the same way you found it so the next person can enjoy it too. Treat living plants with respect, and never cut into a living tree.

- Leave natural objects and historical items as you found them.

Conservation and Stewardship

You can play an important role in protecting rivers by being a good steward. Stewardship means the careful and responsible treatment of something entrusted to your care. We are all responsible to care for the nation's river and waterway resources so that they are here for future generations to visit, study, and enjoy. Some ways you can participate in caring for rivers and waterways are by keeping them free of litter, by being careful not to cause damage to special resources, and by conserving water.

60

A CLERRWATER RIVER

Activity 1, The Journey of Fred the Fish

Read about Fred the fish's journey from the Clearwater River to the ocean, and then complete the maze to see what Fred's journey looked like and to help him complete his journey.

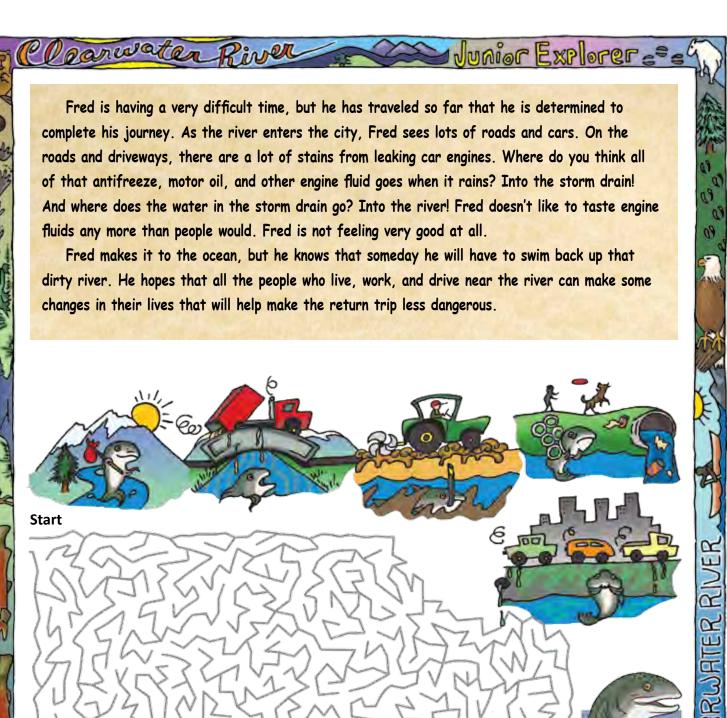
Fred is an anadromous fish, like a salmon or steelhead. These types of fish must migrate from their freshwater birthplace to the saltwater ocean, and back to their freshwater homes at the end of their lives.

One day, Fred decides he is old enough to begin his long journey from his mountain birthplace to the ocean. He starts out in clear, clean mountain water. Fred is happy! His gills can breathe oxygen easily, there are lots of critters to eat, and the water is nice and cold.

As Fred heads downstream, he comes alongside a road and goes underneath a bridge. In the mountains, there has been a lot of snow. When snow falls on the roads, what do people do to help the snow and ice melt? They put chemicals like salt or magnesium chloride on the roads. When the snow melts, these chemicals mix with the water and run off the bridge into the stream. These chemicals change the water quality of Fred's stream a little bit. He finds it uncomfortable, but he decides to continue his journey anyway.

Fred swims down the stream from the mountains and into a river. He comes to an agricultural area, with farm land right beside the river. In spring, when Fred is making his journey, the farmers are plowing and there is a lot of bare, exposed soil. When it rains really hard, what happens to all the exposed soil? It washes into the river. Look at Fred's stream now. When Fred tries to breathe in this water, it is like humans trying to breathe in a dust storm. But Fred decides he will keep going in the hopes that things will get a little better.

Next, Fred swims through a small town and past a park beside the river. In the park, some people threw their trash on the ground instead of in the garbage can or recycling bin. Some of the trash is near the river, and some is near the storm drain. What do you think happens to the trash when it rains? It washes down the land to the drain and into the stream. And what would that trash do to Fred? He might think it is food and choke on it. He could get caught in it. He could even get cut by something like a soda can.



Activity 2, Are You a

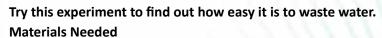
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Water Waster?

Water Use Facts

- Americans flush 6.8 billion gallons of water down toilets every day.
- On average, a single American uses 80 to 100 gallons of water a day.
- Shower heads use 2 to 5 gallons of water a minute.
- A full bathtub contains about 36 gallons of water.
- Washing machines use 25 to 40 gallons of water per load, and dishwashers use 4 to 10 gallons per load (washing dishes by hand can use 20 gallons of water per load!)

Information Source: www.usgs.gov



- One clean, empty 1-quart milk carton
- Toothbrush and toothpaste

Procedure

- 1. To figure out how much water your family would use if they all left the water running while brushing their teeth, brush your teeth with the water running. At the same time, have another person fill the milk container with the running water, until you finish brushing.
- 2. Record how many quart containers are filled. Number of quarts:
- 3. Determine the number of times teeth are brushed each day at your house based on the amount of family members you have and how many times each family member brushes their teeth each day. Number of teeth brushings each day:
- 4. Then multiply the number of quarts of water you collected during one brushing by the number of brushings each day. That's how many quarts of water your family can save by not running the water when they brush!

Number of quarts of water collected x number of teeth brushings each day = ____ quarts of water that can be saved each day

Water Conservation Tips

- Shorten your shower by a minute or two, and you can save 150 gallons of water per month!
- Run your clothes washer and dishwasher only when full—you can save 1,000 gallons of water each month!
- Water your lawn and garden in the morning or evening when the temperature is cooler and evaporation is less.
- When cleaning out your fish tank, give the nutrient-rich water to your plants. Do not pour the water in a river, lake, or stream. This can spread invasive aquatic plants and other species.
- Collect water from your down spouts to use on your garden saving water saves money and helps the planet!

Information source: http://www.wateruseitwisely.com/100-ways-to-conserve/index.php



CLERRUATER RIVER

"For many of us, water simply flows from a faucet, and we think little about

Wild river, for the complex workings of a wetland, for the intricate

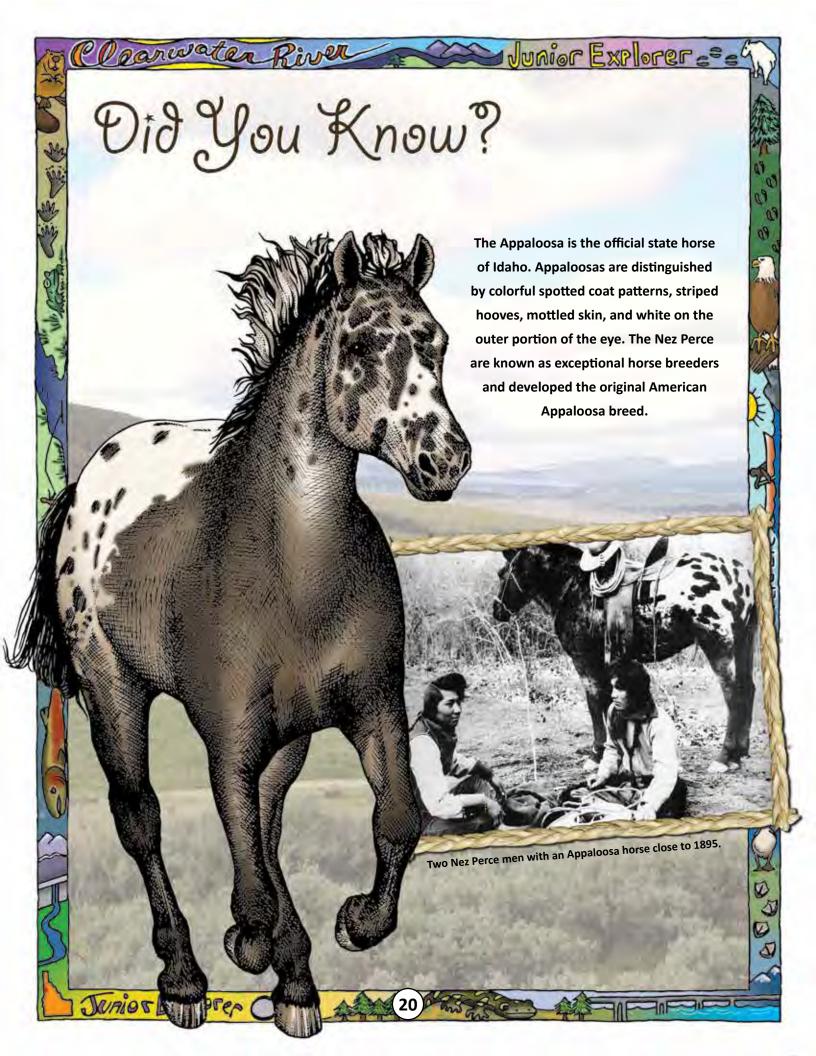
Sandra Postel, director and founder of the

it be yond this point of contact. We have lost a sense of respect

Global Water policy Project

web of life that water supports."

Activity 3, How to be a Good Steward Read the paragraph and find and circle the underlined words. As good stewards of the environment, we need to care for, love, and respect the natural resources of the earth. Some examples of being a good steward are conserving water or recycling...and teaching others how to be good stewards. Good stewards commit to helping protect water from pollution and prevent harm to wild animals. Enjoy the outdoors responsibly, share this information with your friends, and you could even volunteer some of your free time to the outdoors. Be a good steward, and give nature a chance to thrive. **Leave No Trace** Respect Wildlife Α S S Observe animals from D S Т M Ε Z D Z Ν Ε a distance, and never Ε C Ε approach, feed, or Ε D Q 0 Т C G follow them. C R Ε M M Ε R Ε N Ν X Ε T • Human food is Ρ Υ T F Ε Ε U unhealthy for all T R G G Α animals, and feeding S Z Χ T В G Н C 0 0 them starts bad habits. 0 Ε C 0 D Q Т S • Never touch a wild Ε Q C X Ε M U animal, even if it looks C S N hurt. The best way to Ε C ı Α В M G C help is to tell a ranger G Ζ C C W Ε L S Ε S CLEHRWATER RIVER or responsible adult. R C Control pets at all times D W Υ C ٧ C Т R М M (or leave them at home) 0 K R R T Α M so they don't bother X Z N wildlife. X C 0 Ζ Ε X M Ε care recycling commit respect conserving responsibly earth share enjoy steward environment teaching love thrive natural resources volunteer wild prevent protect JUNIOT EXPLORED (





Junior Explorers



JUNIOR EXPLORER PLEDGE

I promise to:

- Stay safe on the river by wearing safety equipment.
- Treat archaeological and historical sites with respect.
- Take only pictures, leaving the things I see for someone else to discover.
- Respect rivers, streams, and lakes that supply my drinking water by keeping them clean.
- Teach others what I have learned.

I will do these things to:

Junior Explores

- Help preserve our natural resources for future generations.
- Allow myself and my family a safe and enjoyable outdoor adventure.

I will remember:

- "It's not what you find, it's what you find out."
 - Quote by Archaeologist David Hurst Thomas

Junior Explorer

Signature Date

Congratulations! You are now a Junior Explorer for the Clearwater River!

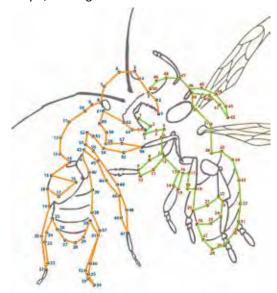
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Answer Key

WHISPERS OF HISTORY

Activity 1, The Legend of Ant and Yellow Jacket



Activity 2, Hidden Hunted Animals



FISH FUN IN THE WATER AND SUN

Activity 1, Fishing Tools Past and Present



Activity 2, What Do the Fish Types Look Like?

- 1. Rainbow trout
- 5. Smallmouth bass

2. Catfish

- 6. Steelhead trout
- 3. Kokanee salmon
- 7. Pike
- 4. Lamprey
- 8. Crappie

Activity 3, Being Safe on a Water Day

- 1. b. buddy
- 6. c. life jacket

2. c. dive

- 7. a. true
- 3. c. life jacket
- 8. d. all of the above

CLERRUATER RIVER

- 4. c. pole, branch, or paddle
- 9. b. have fun
- 5. a. take swimming lessons

ATTRACTIONS ALONG THE RIVER

Activity 1, Decoding Mission for the Dworshak Dam Area

- 1. designed, Dworshak
- 2. flood, resources
- 3. Clearwater
- 4. hatchery
- 5. managed
- 6. salmon, steelhead, eagles, elk, drinking water, timber
- 7. patrols, hikes, teaching
- 8. river, boating

